

## DAVID APPELBAUM, PSY.D.

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**LICENSED** New York, New Jersey, Pennsylvania

**EDUCATION** Widener University, Institute for Graduate Clinical Psychology, Chester, PA Doctor of Psychology Degree  
May 1994

Teachers College, Columbia University  
New York, NY Master of Arts Degree,  
Organizational Psychology  
January 1984

Vassar College  
Poughkeepsie, NY Bachelor of Arts Degree, Psychology  
May 1982

### POST DOCTORAL TRAINING

William Alanson White Institute of Psychiatry, Psychoanalysis and Psychology  
New York, NY Certificate in Psychoanalysis  
November 2005

### PROFESSIONAL EXPERIENCE

Independent Practice, New York, NY and Montclair NJ August 2001–Present

- Psychotherapy with adults, adolescents, and couples working with a broad array of presenting issues including affective and anxiety disorders, trauma, learning difficulties, men's issues, relationship issues and workplace concerns.
- Forensic evaluation for immigration proceedings including hardship to American-born children, evaluations of trauma for purposes of political asylum, and general psychological evaluations.

University of the Sciences in Philadelphia, PA February 1996–July 2001

#### **Director, Counseling and Health Services**

- Oversaw all clinical and administrative functions of counseling center including management of budget and supervision of staff.
- Provided psychological emergency services and crisis intervention services for the University.
- Coordinated psycho-educational programming for the university community.
- Had administrative oversight of the health center, including staffing, budgetary issues and overall quality assurance. Additional responsibilities include administration of the Americans with Disabilities Act and the student health insurance plan.

Diversity Training Workplace Solutions, Buffalo, NY September 1997–August 2001

#### **Consulting Psychologist**

- Provided organizational consulting and executive coaching focusing on sexual harassment, diversity, and communication skills.

State Bureau of Disability Determination, Philadelphia, PA July 1997–July 2001

#### **Consulting Psychologist**

(part-time)

- Performed psychological disability evaluations to provide clinical assessment of claimant's functional capacities.

Beaver College Counseling Center, Glenside, PA September 1995-May 1996

#### **Staff Psychologist**

- Provided individual psychotherapy, short and long term, to undergraduate and graduate students; psycho-educational programming and consultation to the college community.

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University of Pennsylvania, Department of Psychiatry,  
Treatment Research Center/Center for Psychotherapy Research,  
Philadelphia, PA

September 1995–February 1997  
(part-time)

### **Consulting Diagnostician**

- Administered structured clinical interviews (SCID) and additional structured assessments for treatment protocols studying substance abuse and affective disorders.
- Conducted training sessions for staff in the use of “SCID” and other structured assessments; evaluate inter-rater reliability among diagnosticians; evaluate assessment procedures.

Widener University, Psychological Services and Counseling Center,  
Chester, PA

November 1995–January 1996  
(part-time)

### **Acting Administrative Coordinator**

(Interim position while Administrative Coordinator was on leave)

- Position involved both administrative and clinical duties, which included supervision of psychology staff comprised of interns and practicum students; coordinating client referrals; negotiating client fees; monitoring and reporting income generated through provision of psychological services.

Widener University, Counseling Center, Chester, PA

August 1994–June 1995  
(one-year position)

### **Staff Psychologist**

- Provided individual psychotherapy, short and long term, with undergraduate and graduate students; psycho-educational programming/consultation; clinical supervision of practicum students; assisted in administrative activities.

## **APA APPROVED CLINICAL INTERNSHIP TRAINING**

Widener University, Counseling Center, Chester, PA

September 1993–June 1994

- Individual psychotherapy with undergraduate students; clinical supervision of practicum students.

Northwest Center, Adult and Child Outpatient Unit,  
Philadelphia, PA

July 1993–June 1994

- Family therapy; individual adult and child therapy including time limited psychotherapy.

Widener University, Psychological Services Center, Chester, PA

July 1992–July 1993

- Individual psychotherapy with adults and children; couples therapy; psychological testing; school consultation.

## **AWARDS**

- Recipient of Harry Stack Sullivan Society Award for outstanding paper by a candidate, William Alanson White Institute, June 2005
- Recipient of “Distinction in Clinical Psychology Award for highest academic and clinical excellence in psychology.” Widener University, Institute for Graduate Clinical Psychology, May 1994

## **PUBLICATIONS**

- Learning to Inquire: The Detailed Inquiry Revisited, The American Journal of Psychoanalysis, (2010,70).
- The Psycho-legal Approach: Using Empathy to prevent Sexual Harassment, Baker/McKenzie Electronic Global Employment Newsletter, October 2000. L. Korn and D. Appelbaum.
- Psychoanalysis and Graduate School Training: A Survey of Students’ Experiences. Psychologist, Psychoanalyst, December, 1994. R. Thompson and D. Appelbaum.
- The High Prevalence of Unsafe Sexual Behaviors Among Acute Psychiatric Inpatients: Implications for AIDS Prevention. The Journal of Nervous and Mental Disease, June, 1994. A. Menon, S. Pomerantz, S. Horowitz, D. Appelbaum, U. Nuthi, E. Peacock, C. Cohen.

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### PRESENTATIONS

- “Body Image in Boys.” Presented at the Montclair Kimberly Academy, May 2009.
- “Can the Patient Help?: Seeking Out the Supervisor in the Patient.” Panel Presentation at Division 39 Spring Meeting, New York, NY, April 2008.
- “Bridging the Communications Gap with Your Teens and Tweens.” Presented at the Montclair Kimberly Academy, March 2008.
- “Interviewing Skills and Adolescent Issues.” Invited Speaker at Metropolitan Hospital Center Grand Rounds, October 2007.
- Learning to Inquire: The Role of Psychoanalytic Technique in Contemporary Practice.” Panel Presentation at Division 39 Spring Meeting, Toronto, ON, April 2007.
- “Supervision: A Supervisee’s Perspective” Presented at the Annual Meeting of The International Federation for Psychoanalytic Education, Pasadena, CA, October 2006.
- “Influence and Autonomy in Supervision” Panel Presentation at Division 39 Spring Meeting, Philadelphia, PA, April 2006.
- “The Process of Supervision” William Alanson White Institute Recruitment Seminar, February 2006.
- “Clinical Case Presentation” Mount Sinai Hospital, Department of Psychiatry Faculty Conference, January 2006.
- Invited Discussant, Presentation by Dr. Salman Akhtar, “Irving Schulman Memorial Lecture”, Widener University, Chester PA, November 2005.
- “Psychoanalytic Service Case Presentation”, William Alanson White Institute Clinical Conference New York, NY, February 2005.
- “Psychology of Sexual Harassment” National Employment Lawyers Association, NY, January 2005.
- “Preventing Sexual Harassment: The Psycho-Legal Approach”, Transatlantic Conference on Labor Law, Dublin, Ireland, July 2000.
- “Negotiating Conflict in the Workplace: Using Empathy to Manage Relationships”, Continuing Legal Education Workshop, Buffalo, NY, October 2000.
- “Mutuality in Supervision.” Presented at the Massachusetts School of Professional Psychology, Boston, MA, November 1999.
- “Empowerment: Relational Theories in Action.” Presented at The Tri-State Opportunity Programs Conference, Philadelphia, PA, 1999.
- “Diverse Perspectives on Therapy with Asian-American Students.” Presented at The Delaware Valley College Counseling Center Conference, Wilmington, Delaware, 1997.
- “Developing Therapeutic Competencies with Asian-American Clients: Basics and Beyond.” Presented at The American College Health Association Annual Meeting, New Orleans, LA, 1997.

### FACULTY AFFILIATIONS

- William Alanson White Institute of Psychiatry, Psychoanalysis & Psychology, New York, NY, July 2007–Present.
- Center for Psychotherapy and Psychoanalysis of New Jersey, Madison, NJ, January 2007–Present.
- Yeshiva University Doctoral Psychology Program, New York, NY. Adjunct Clinical Supervisor, September 2006–Present.
- Pace University Doctoral Psychology Program, New York, NY. Adjunct Clinical Supervisor, September 2004–July 2007.
- Fordham University Counseling Center, New York, NY. Adjunct Clinical Supervisor, September 2004–July 2007.
- Fifth Avenue Center for Counseling, New York, NY. Instructor, Class on Interpersonal Psychoanalysis. September 2002–January 2003.
- Widener University, Institute for Graduate Clinical Psychology, Chester, PA. Adjunct Faculty, Clinical Supervisor. September 1999–June 2001.
- Immaculata University, Department of Graduate Clinical Psychology, Immaculata, PA. Adjunct Faculty. Classes taught: Techniques of Child and Adolescent Therapy; History of Psychology. September 1999–June 2001.

### ORGANIZATIONS

- William Alanson White Institute
- American Psychological Association
- Philadelphia Society for Psychoanalytic Psychology
  - Committee for Professional Affairs, Chairperson, 1997–1999
  - Local Representative to Division 39, Section IV, 1999
- New Jersey State Psychological Association
- New York State Psychological Association